

## BALI TRANQUILLITY



### Day 1 : Arrive Bali

Upon arrival at Bali's Denpasar airport transfer to the hotel and time to relax from the flight.

### Day 2 : Balinese Spa experience and Uluwatu Temple

After breakfast enjoy two hours Spa package to refresh and rejuvenate. In the late afternoon visit Uluwatu Temple, an architectural marvel situated on the edge of a steep 300 foot rock facing the ocean. See the sunset while watching the performance of Kechak Dance presenting the Mahayana story with actors-dancers, beautiful costumes and Kechak dancers-singers.

### Day 3 : Jimbaran - Umabian

Today after breakfast transfer to Puri Taman Sari, where you find yourself in the midst of village life. Puri Taman Sari is situated in a tranquil corner of Umabian Village in Tabanan, surrounded by beautiful, lush rice paddies. This property is owned by one of Mengwi Royal family and some family members live here so there may be a chance to interact during your stay.

### Day 4 : Traditional Cooking Class

After breakfast enjoy a cooking workshop led by the Puri Taman Sari chef. Start by biking to the nearby local market to have the experience of shopping for ingredients. The outing may also include a visit to a village school before heading back to Taman Sari to roll up your sleeves in the kitchen. The workshop is hands-on, and you enjoy all the recipes for lunch. Later learn how to make traditional canang sari, small baskets of rice and flowers offered as gifts to the spirits.

### Day 5 : The Temples of Bali

Today leave for Belimbing village at the Western end of the island. On the way visit the Royal family Temple Taman Ayun at Mengwi and the famous Tanah Lot Sea Temple. Perched atop an enormous rock, it is completely surrounded by the Indian Ocean during high tide. On the way to Belimbing get to know a traditional Indonesian musical ensemble. You can try one of the instruments yourself. Later enjoy the amazing views of terraced rice fields, lush clove and coffee plantations and the tranquility of the surrounding relaxing your mind and body.

## *Day 6 : Natural Wonders*

This morning refresh your spirits in Belimbing before you explore the picturesque rice-fields and the reason why the Dewi Sri Gods of prosperity is ever present here. See the variety of tropical plants like Mangosteen, Clove, Nutmeg, Salak, Durian, Cacao and many more. Back at the villas enjoy the pool and Jacuzzi. Later drive to Pemuteran's Taman Sari Cottage. If time permits you may spend the afternoon snorkelling just off the hotels beach which is among the best snorkelling sites in Pemuteran.

## *Day 7 : Snorkelling and Ubud*

In the morning be ready for your snorkelling tour to Menjangan Island, a part of the Bali Barat National Park. It offers deep coral reef walls and is one of Bali 's best snorkelling sites. Afterward en route to Ubus visit Munduk for a light hike through the jungle to see the beautiful Munduk waterfall. Continue your journey to Ubud, the island centre of arts. Drive via Asah Panji, which offers a wonderful view of the Buyan and Tamblingan Twin Lakes. On the way visit as well the magnificent floating Ulun Danu Temple on Lake Beratan before you arrive in Ubud.

## *Day 8 : Spiritual Balinese Traditions*

In the morning revive with morning yoga before you experience a truly unique Balinese Tradition. Dress in your Balinese traditional costume and bring a towel and extra clothes for your authentic purification ceremony at the Holy Spring Temple Tampaksiring. The temple priest chants the most sacred mantras related to the purification before you enter into the sacred pool with its holy water to believe heals mind and body alike.

## *Day 9 : Barong & Kris Dance and Crafts*

After breakfast leave for Batubulan Village to see the famous Barong & Kris Dance. Continue your tour with a visit to the mask maker, learn how wood-masks are made and get to know the characters and spirit of the masks used for ritual dances in Bali. You have a little sample performance by the mask maker himself. You also visit the art & hand craft centre of wood carving and art paintings.

## *Day 10 : Departure*

After breakfast transfer to the airport for international return flight.

